

Horarium

4:00 Rise, Coffee or Tea
4:30 Matins
5:00 Breakfast (pickup)
5:30 Lauds, Rosary
6:30 Personal time,
Prepare for Mass
8:00 Mass
9:15 Terce
Work
12:00 Dinner, (main meal)
with cd conference
12:45 Sext, Personal time, rest,
work
2:00 Lectio Divina, Wed.
(formation conference)
3:00 Noon, meditation
4:30 Vespers
5:15 Light Supper (pickup)
6:00 Compline, GRAND SILENCE

May retire anytime.

This horarium is subject to change
as we develop as a community.

Sunday Horarium

Our intention is to reclaim Sunday
as the Lord's Day. We intend it to
be a day of relaxing and "different"
from the normal work week. Prayer
will still be in common, i.e. Liturgy,
Divine Office and Rosary. The light
meals (breakfast and collation) are
"pick up," not prepared. The noon
meal will be a special event;
simple, but taken in joy. It will be in
common with sacred music and
occasional conversation. The rest
of the day will be spent any way a
sister chooses. Reading and resting
are encouraged but not regulated.
Speaking in a low, peaceful voice
will be allowed until after
Compline, when the Great Silence
begins. This is the Day the Lord has
made. Let us rejoice in it!